

Friends' School
2024-2025 Week 1 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Beef Bolognese with Penne Pasta or Garlic Potatoes	Chicken & Leek Pie with Creamy Mashed Potatoes	Breaded Chicken Burger with Lemon Potatoes	Beef Burger with French Fries	Chicken Stir-Fry with Boiled rice or Baby Boiled Potatoes
Main Course 2	Margherita Pizza with Garlic Potatoes	Roast Pork Sausages with Creamy Mashed Potatoes	Chicken & Broccoli Pasta Bake with Lemon Potatoes	Chicken Curry with Boiled Rice or French Fries	Fish Fingers with Baby Boiled Potatoes or sliced bread (chilli sauce optional)
Vegetarian	Penne Pasta with Spinach & Garlic sauce	Bean Burger with Creamy Mashed Potatoes	Cauliflower Cheese with Pasta or Lemon Potatoes	Vegetable Curry with Boiled Rice or French Fries	Vegetable Stir- Fry with Rice or Baby Boiled Potatoes
Sides	Steamed Vegetables	Steamed Vegetables	Mixed Vegetables	Steamed Vegetables	Garden Peas
Soup/ Sandwiches	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day
Dessert	Raspberry & Custard Mini Cakes	Chocolate Brownie	Pineapple Upside Down Cake	Apple & Raspberry Pie	Chocolate Sponge with Chocolate Sauce

Friends' School
2024 – 2025 Week 2 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Hot Dog with Oven Roast Potatoes	Beef & Mushroom Pie with French Fries or Baked Potato	Breaded Scampi with Oven Roast Potatoes or Pasta Salad	Beef Stew with Crusty Bread or Crushed Baby Potatoes	Chicken Fajitas with Boiled Rice
Main Course 2	Tomato & Basil Pasta Bake	Breaded Chicken Burger with French Fries or Baked Potato	Steak Burger with Oven Roast Potatoes or Pasta Salad	Baked Chicken Tenders with Crusty Bread or Crushed Baby Potatoes	Meatballs in Tomato Sauce with Boiled Rice
Vegetarian	Tomato & Basil Pasta Bake	Spicy Chickpea, Potato Frittatas	Roast Vegetable Flat Bread with Oven Roast Potatoes or Pasta Salad	Bean Burger with Crusty Bread or Crushed Baby Potatoes	Vegetable Burrito with Rice
Sides	Steamed Vegetables	Coleslaw	Garlic Bread	Steamed Vegetables	Sweetcorn
Soup/ Sandwiches	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day
Dessert	Iced Sponge & Custard	Apple Tart & Custard	Fruit Crumble & Custard	Butterscotch Mousse	Cup Cake

Friends' School
2024 – 2025 Week 3 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Margherita Pizza with Oven Roast Potatoes	Chicken Curry with Boiled Rice or Potato Wedges	Shepherd's Pie with French Fries	Sausage, Tomato & Bean Stew with Creamy Mashed Potatoes	Pasta Bolognese
Main Course 2	Steak Burger with Oven Roast Potatoes	Jumbo Pork Sausage Roll with Potato Wedges	Hot Dog with French Fries	Oven Baked Breaded Cod with Creamy Mashed Potatoes	Asian Steak with Noodles
Vegetarian	Grilled Cauliflower Florets with Romesco Sauce with Oven Roast Potatoes	Teriyaki Mushrooms with Rice or Potato Wedges	Thai Green Curry with Rice or French Fries	Vegetable Carbonara with Pasta & Garlic Bread	Pasta with Tomato & Mushroom Sauce
Sides	Steamed Vegetables	Baked Beans	Steamed Vegetables	Garden Peas	Garlic Bread
Soup/Sandwiches	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day
Dessert	Apple & Raspberry Crumble & Custard	Creamy Rice Pudding & Fruit	Iced Sponge & Custard	Chocolate Roulade	Lemon Meringue Sponge & Custard

Friends' School
2024 – 2025 Week 4 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course 1	Beef Lasagne with Oven Roast Potatoes	Roasted Pork Sausages with French Fries	Chicken Curry with Boiled Rice or Oven Roast Potatoes	Chicken, Tomato & Basil Sauce with Pasta	Baked Haddock with Roast Potatoes
Main Course 2	Breaded Chicken Burger with Oven Roast Potatoes	Ham, Mac & Cheese with Garlic Bread	Beef Burger with Oven Roast Potatoes or Boiled Rice	Roast Breast of Chicken with Creamy Mashed Potatoes and Gravy	Flat Bread Pizza with Roast Potatoes
Vegetarian	Creamy Broccoli Pasta Bake	Mac & Cheese with Garlic Bread	Vegetable Curry & Boiled Rice or Oven Roast Potatoes	Tomato & Basil Pasta Bake	Flat Bread Pizza with Roast Potatoes
Sides	Coleslaw	Steamed Vegetables	Steamed Vegetables	Sliced Carrots	Garden Peas
Soup/ Sandwiches	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day	Assorted Sandwiches & Salads Soup of the Day
Dessert	Berry & Apple Crumble	Chocolate Fudge Cake & Custard	Strawberry Cheesecake	Traybake	Raspberry & Coconut Slice